



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**UNIVERSITY VILLAGE, NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA**  
**FACULTY OF HEALTH SCIENCES**  
**DEPARTMENT OF NURSING SCIENCES**  
**2023\_1 POP EXAMINATION**

**PROGRAMME: BACHELOR OF NURSING SCIENCE (BNSc)**

**COURSE CODE: NSC 412**

**COURSE TITLE: MENTAL HEALTH AND PSYCHIATRIC NURSING II**

**CREDIT UNITS: 3**

**TIME ALLOWED: 2 HOURS**

**TOTAL MARKS: 70%**

**INSTRUCTION: ANSWER ALL QUESTIONS**

**Question 1**

1. Schizophrenia is the most chronic form of mental illness with bias of unpredictability.

Based on your knowledge of the illness;

**a.** Differentiate with examples and reasons, the positive and negative signs of schizophrenia  
**10marks**

**b.** describe the following Bleuler's A of schizophrenia symptoms

- i. Apathy
- ii. Ambivalence
- iii. Autism

**5marks each**

**Question 2**

Crisis has been described as a time of intense difficulty or danger, a time when a difficult or important decision must be made promptly and accurately

**a.** Define crisis intervention/ Management **2marks**

**b.** Identify and discuss briefly eight (8) purposes of crisis intervention **8marks**

**c.** Describe the seven (7) key essential notes for a crisis intervention team **7marks**

**d.** Identify four causes and four (4) strategies of preventing community riot  
**8marks**

**Question 3**

Electro-convulsive therapy (ECT) has been widely embraced in mental health care facilities

**a.** Define ECT and states one (1) rationale for ECT

**2mark**

**b.** Describe ECT under the following headings

- i. Types
- ii. Rationale

- iii. Side effects **12marks**
- c. Mention four (4) of the equipment for ECT and functions ECT **4marks**
- d. Explain two (2) contraindications of ECT **2 marks**